

## **Career Planning Courses**

Why register for a Career Planning Course?

- To gain self-awareness of your interests, personality, life goals and values
- To understand your educational and career options
- To research and match yourself with potential career/transfer options
- To prepare for transfer to a four year college and explore majors
- To learn how to excel at every step of the job search process, including resume and interview preparation
- To make decisions, set goals and plan for the future

The following courses are one credit career planning courses available:

### **CLC 110 Career Exploration**

Students are provided with instruction in the career decision-making process. Through self-assessment inventories, students identify their interests, skills, work-related values, and experiences. Careers are explored by researching occupations, career paths, and organizations. Emphasis is on employment fields appropriate to the background and preparation for the students' COCAL training experience.

### **CLC 111 Career Success**

Designed for students who are enrolled in COCAL, internships, Work Study, co-ops, or other forms of experiential learning or for those about to graduate and enter the job market. Students are presented with material that relates work ethic, workplace relationships, workplace diversity, and workplace communication skills to career development.

### **CLC 112 Career Search**

Students are presented with material that provides a better understanding of successful career preparation and job searching. Emphasis is on employment for students who are training in fields where entry-level job skills have been identified locally. Content includes practical aspects of the job search and human relation skills as they relate to career development.